ore-course Reading Game

Developing the Core Values of Rugby Union.

Rugby instils teamwork, respect, enjoyment, discipline and sportsmanship. A game steeped in tradition, its players and supporters enjoy a deep sense of community and involvement. These values and traditions develop from the first time a young rugby player shakes hands with their opposite number, leading to lifelong friendships and a passion for the game.

Ask yourself the following questions and reflect on your answers:

- Why do the players come to me and this club for their coaching?
- What are my motivations for coaching these young players?
- How do I define success as a coach what does it mean to me and what does it mean to my young players?
- How important is the result of a match in terms of being a successful coach?
- How important is it that every player in my squad reaches his or her potential?
- Where do I see my players next year, in five years' time and in 10 years' time?
- · Do I educate my players to uphold the spirit and traditions that make rugby union unique?

Rugby union has considered the questions above, and come up with its 'Core Values'.

- **Teamwork** is essential to our sport. We welcome all new team members and include all because working as a team enriches our lives. We play selflessly: working for the team, both on and off the field.
- Respect is holding the values and traditions of our sport in high esteem, its values and traditions, and earning the respect of others in the way we behave. We respect our match officials and accept decisions. We respect opposition players and supporters. We value our coaches and those who run our clubs.
- Enjoyment is the reason we play and support rugby union. We encourage players to
 enjoy training and playing. We use our sport to adopt a healthy lifestyle and build life skills.
 We safeguard our young players and help them have fun. We enjoy being part of a team and
 part of the rugby family.
- Discipline underpins our sport. We ensure that our sport is one of controlled physical
 endeavour and that we are honest and fair. We obey the laws of the game which ensure an
 inclusive and exciting global game. We support our disciplinary system, which protects our
 sport and upholds its values. We observe the sport's laws and regulations and report serious
 breaches.
- **Sportsmanship** is the foundation upon which rugby union is built. We uphold the rugby tradition of camaraderie with team-mates and opposition. We observe fair play both on and off the pitch and are generous in victory and dignified in defeat. We play to win, but not at all costs and recognise both endeavour and achievement. We ensure that the well-being and development of individual players is central to all rugby activity.

Remember

Core values cannot be imposed and must be agreed in order to be values that people will abide by. In order for rugby union to uphold the spirit and traditions of the game, it is essential that everyone involved in rugby union buys into and exhibits these values at all times. The earlier these values are introduced to young players then the better it is for all concerned.